



Information for persons wishing to Self Exclude

Having completed and signed forms ASE1 and ASE2 take them together with, a recent colour photograph that shows only you (passport photographs are recommended) and a form of photo ID to a suitably qualified Health Care Professional such as a Doctor or a Registered Nurse.

What if I don't have any photo ID?

If you do not have any photo ID you must produce at least two forms of ID from the following list at point 1) below as well as a recent colour photograph of yourself.

- 1) Birth Certificate, Vehicle Registration Document, P45/P60 Statement (UK), Mail Order Catalogue Statement, Bank/Building Society Statement, Utility Bill - electricity, gas, water, telephone – including mobile phone contract/bill, TV Licence, Addressed Payslip, Credit Card Statement, National Insurance Card (UK), Store Card Statement, NHS Card (UK), Mortgage Statement, Benefit Statement - e.g. Child Allowance, Pension, Insurance Certificate, Council Tax Statement (UK).

How do I know who is a 'Count Me Out' Member?

Count Me Out Members – A full up-to-date list of Alcohol Self Exclusion members can be found on the website www.countmeout.org.uk or alternatively member's premises will be displaying the Count Me Out logo (top left)

What happens once I hand my completed forms and photograph a Health Care Professional?

You will be given a copy of the completed forms ASE1 and ASE2 for your records. The other copy of forms ASE1, ASE2 and the photograph is to be sent to the Count Me Out head office. The Health Care Professional may want to make a copy of forms ASE1 and ASE2 which they will retain for their records. A member of the Count Me Out team will notify you if your application to self exclude has been authorised or not.